

"LIGULA" — A FRESHWATER PARASITIC TAPEWORM

By: George Barnes

Recently, while discussing natives with several fellow hobbyist, one of them gave me a dozen small specimens of *Notropus hudsonus* (Spottail Shiner) which he had collected while on a fishing trip in upstate Pennsylvania. Upon looking at these fish in the tank I noticed quite a few that were listless near the surface and rather thin.

I collected several of these specimens and upon dissecting them (I majored in Biology in college and taught the subject for two years) found a large worm wrapped around the internal organs. Once this worm was found, an old bug bit me again and I proceeded to dig out the microscope and reams of reference literature. After a careful microscopical examination I found this tapeworm to be a member of the class Cestode. The class Cestode is the main group of fish tapeworms. They are usually found in the muscle tissue, body cavity, and intestinal tract of fishes.

This particular tapeworm belongs to the genus *Ligula* and is found mostly in smaller fishes such as suckers and shiners, however, they can also be found in some larger types of lake fish. The life cycle of *Ligula* is really simple, the egg (Fig. A) is deposited in the waste of its final host, The American Merganser.¹ The egg releases a ciliated larva called *Coracidium*, (Fig. B) this is eaten by a copepod,² mainly *Diaptomus* (Fig. C), where it further develops until the copepod is eaten by the fish (Fig. D). Here the *Ligula* develops into the larval (worm) form. The fish is then eaten by the final host, Merganser (Fig. E), where it develops into the adult worm, reproduces and shortly thereafter dies. Thus, the entire life cycle is completed and begins once more.

The larval form which is found in fish can be responsible for several problems. It can cause the degeneration of the specimens internal organs due to crowding. On occasion they can grow to such an extent that they can cause bursting of the abdominal wall thus killing the fish. In all five of the specimens I dissected I found only one *Ligula* per fish, however by reading the reference material I discovered that reports have shown several *Ligula* to occupy the body cavity of a specimen at one time.

Surprisingly, *Ligula* will attain lengths of 8 to 10 inches in 3 to 4 inch fish and will weigh an unbelievable 10 to 15 % of the fishes total weight. They are known to infect up to 80% of a fish population in areas where they are present. Usually this area has a high population of 3 to 4 year old fish. This age seems to be the most susceptible host for *Ligula*.

Generally speaking, *Ligula* are harmless to fish. However, this largely depends on the rate of infection and the presence of the final host. Many aquarist who are also fisherman may be concerned about *Ligula*'s presence in such food fish as *Catostomus commersoni* (white sucker) and *Cyprinus carpio* (Carp). Fortunately, like most freshwater fish parasites, *Ligula* is harmless to human beings.

In the aquarium little can be done for specimens infected by *Ligula*. Usually the hobbyist will be totally unaware of the disease if his fish are in truth suffering from it. But, if by chance, you should have some specimens who show the aforementioned symptoms and you can not satisfactorily identify the cause, you might try treating for *Ligula*. While the treatment I'm about to offer has only been attempted once (with the remaining Spottail Shiners) it was somewhat effective. Isolate the infected

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fishes in a separate tank and equip the tank with an outside power filter or strong aeration. Add twice the recommended dosage of any of the commercially available parasite medications (I used Maracyde) and continue this dosage pattern for 4 to 6 days, repeating the dosage when and if necessary. At this point (5 days) my specimens appeared normal and very active. I removed one for dissection and discovered the Ligula to be dead and already partly expelled from the fishes system. Based on this dissection I changed $\frac{1}{2}$ of the hospital tank water and replaced it with fresh water. One fact which may be of interest, of twelve specimens, nine showed the initial distress. Of these nine, five were used for the first dissection and a sixth was used for the final dissection. The remaining three shiners were eventually returned to the minnow community tank with the others (shiners) as well as with several mixed types of minnows. To date these three "cured" specimens are still very much alive in my tanks.

Notes:

1. The American Merganser is the waterfowl which most often acts as the final host to Ligula in the state of Pennsylvania. Any type of waterfowl can act as the final host to Ligula providing they are eating infecting fishes.
2. Copepod:- are crustaceans which occur in countless millions. While Diaptomus is a very common copepod, most aquarist are probably most familiar with another, the Cyclops.

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